

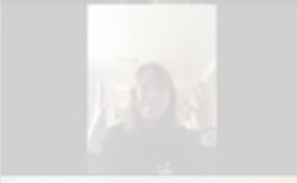




About UNDOKAI-YA?

We are the professional facilitators and producers of“UNDOKAI”and have been delivering“UNDOKAI”all over the world since our establishment in 2007.

We have been advancing globalization and producing more than 1,300“UNDOKAI”. We have provided“UNDOKAI”to not only Japanese major companies and local communities, but also schools and local communities in the United States, India and Thailand etc.



We deliver an exceptional Japanese cultural experience known as“UNDOKAI” around the world.

We continue pursuing the value and the potential of“UNDOKAI”and challenging the possibilities of the future beyond“UNDOKAI”.

(from UNDOKAI-YA oath)



What is our purpose?

We want to bring people together through Undokai with fun engaging social activities that focus on teamwork and promote physical health and well being.



Everyone can participate in all our activities! Each activity requires teamwork to achieve success. All the while, you are building skills geared towards improving your overall health and well being.



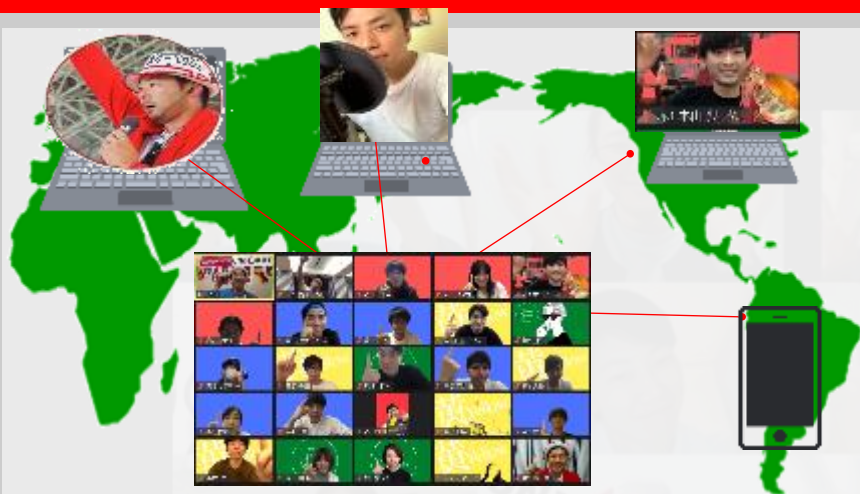
Online UNDOKAI is born!

**From the gymnasium and the sports fields,
the PC screen becomes the sports venue!
We held "UNDOKAI" online!**





Uniqueness of Online UNDOKAI



You can join from anywhere,
even from overseas!

Beyond the physical limitations of past events,
Online UNDOKAI makes it possible that anyone can easily participate from anywhere.

Anywhere



Anyone



Easily





Event image

Create unity by coordinating team backgrounds and clothes!



Professional MC helps to keep a smooth flow

Yoga teachers and gymnastics trainers provide full-scale warm-up exercises.



Team games increase unity and bonds.

Chance to learn about colleagues!

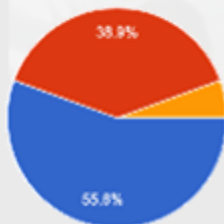


Participant Survey, 96% were satisfied, and 86% said they wanted to participate again.

How was your satisfaction with this Online UNDOKAI?

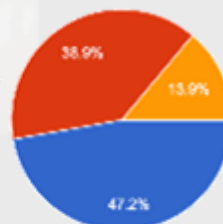
I wanted to do my best even though I was online. It was very interesting!

- 大変満足
- 満足
- やや不満
- 不満



Do you want to join Online UNDOKAI again?

- とても参加したい
- 参加ができれば参加したい
- 参加したい
- あまり参加したくない
- 参加しない



It was a valuable experience! I felt a strong fellowship, even though I was meeting with everyone online.



Benefits of Online UNDOKAI

5 major benefits of Online UNDOKAI

1 Activate communication
(Exchange between departments)

Teamwork
has improved.



I was able to talk
with people I
normally do not
interact with.

2 Improves motivation



I was able to have
more motivation to
exercise.

3 Raises health awareness

4 Fosters a sense of unity in
the organization,

I was able to feel a
sense of unity among
colleagues who belong
to different
divisions.



5 Refreshing effect



It was refreshing to have
the opportunity to talk
with colleagues who I'm
unable to meet because of
remote work!



Games and Activities

Communication

\$ 10 game



Make \$10! Everyone needs to use at least one coin they have.
Communication is the key!

Physical

Muscle training & Quiz



If you know the answer to the quiz, ask the MC to reply by doing strength training!

Unique

SPEED net surfing



The winner is the person who reached the subject page first using the Internet search function!
All can participate!

Child-Parent

Cooking recipe



Bring the ingredients you need to cook the dishes in the activities!
Knowledge and creativity are key!
!

Cooperation

Painting together



Using a whiteboard function everybody takes turns to draw a picture that expresses the theme for 15 seconds each!

We will prepare many activities and competitions according to your group's particular needs!





Program example

POINT

Before the opening ceremony, directions on how to use the online conference system.

POINT

It is possible to arrange programs and activities based on the purpose of your event.

Time	Contents	
15:15~	Enter the online conference system	
15:30	Opening	Opening declaration
15:35	Ice Break	Quiz of self-introduction
15:50	1 st game	Cooking recipe
16:10	2 nd game	Muscle training & Quiz
16:30	3 rd game	Painting together
16:50	4 th game	Speed Net surfing
17:05	Closing	Result, Closing declaration
17:10	Finish	

POINT

Carry out ice breaker activities divided into teams to communicate and get to know each other.

POINT

After the event, a social gathering to celebrate together ! !

※The above is an example. Please contact us for the time schedule and content of the event.

※It is recommended that you secure a space of 2 meters square for safety because you may move your body.



Ways to increase excitement!

MC



Professional DJs does play-by-play for your event. You will feel like a star when the MC calls your name, even when you are in your home

Instructor



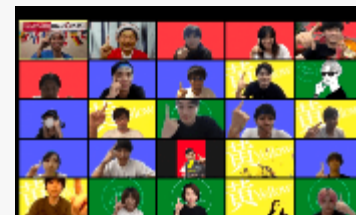
Improve health awareness through full-scale instruction from sports instructors and yoga teachers.

Team products



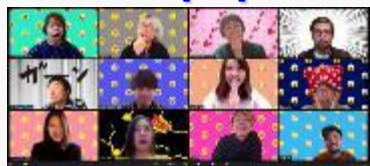
Original team products enhance the sense of unity. These products are good to remember the experience.

YouTube broadcasting



Live broadcast of the UNDOKAI. Please use for company PR ※meeting required

Original wallpaper



Designer creates original wallpaper. Unique designs excites the teams and makes the event colorful.

Movie production



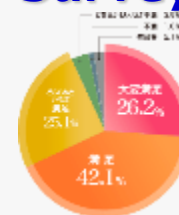
It is possible to create opening movies and athletics digest movies. These movies would make the event more memorable.

Various agency services



We will arrange and ship winning trophies and prizes.

Survey



After the event, we will survey satisfaction level using a questionnaire and submit the report. Feedback on the effects and impressions of participants.



Flow and Schedule

All steps are available online!

1st Step

Contact

Event purpose, event date, etc. Dedicated staff will respond.



2nd Step

Choice of plan

Select the plan that suits your image and budget.
This step is the start of the event.



3rd Step

Planning

We will decide the details of the event together with the staff in charge!

- Event theme
- Notification method
- Prize
- Product design



4th Step

Event

It is the uniqueness of online that you can communicate with your distant colleagues. Let's enjoy!

※ Depend on plan, available content are different.



5th Step

Follow-up

We will assist to carry out an in-house survey on whether the themes could be achieved at the event and the participants' impressions of the event.





FAQ

Q. What happens if I am unable to join the game due to communication problems?

A. It will be regarded as an error and you will be temporarily withdrawn. Once you are able, please re-enter the online system and our support staff will assist you when you return.

Q. I do not want to project the inside of my house on the screen. I want to ensure privacy.

A. A special wallpaper will be prepared, so please use it as the background.

Q. Can parents and children participate?

A. We offer children's competitions and parent-child competitions.